

# Rescue 3 Water Standard

## Course Comparison

| Rescue 3 Standard  | AWR | BWFR | OPS | SRT | SRTA | MWFI | RVW | LJCU | CWR<br>WB | CWR<br>WBM | SW<br>NW | FM<br>NES |
|--|-----|------|-----|-----|------|------|-----|------|-----------|------------|----------|-----------|
| <b>1. Rescue 3 philosophy</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 1.1 Recall the steps required in order to develop judgment.  | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| 1.2 Explain the order of priorities at a water rescue scene  | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| <b>2. Training standards</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 2.1 Recognize the different training courses within the Rescue 3 scheme                              | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| 2.2 Recall the remit and role of an individual trained to this level                                 | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| 2.3 State how the Rescue 3 scheme fits within national and international standards                   | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| 2.4 State how the Rescue 3 scheme fits within agency policy and agency standard operating guidelines | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| <b>3. Best Practice Guidelines</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 3.1 Apply the Best Practice Guidelines to produce safer working practice                             | X   |      | X   | X   |      |      |     |      |           |            |          |           |

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| <b>4. Hydrology and water hazards</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 4.1 Recall the definitions of basic water, moving water, coastal water, swiftwater and whitewater                 | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.2 Identify the effect that volume, gradient and obstacles have on water   | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.3 Identify water features, hazards, and suitable control measures   | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.4 Describe the impact that water features would have on individual's ability to self-rescue and perform rescues | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.5 Identify general water hazards, and suitable control measures   | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.6 Identify water hazards in a basic water environment, and suitable control measures                            | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.7 Identify water hazards in a moving water environment, and suitable control measures                           | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 4.8 Identify water hazards in a coastal water environment, and suitable control measures                          | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |

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| <b>5. Floodwater dynamics and hazards</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 5.1 Identify the physical impact of water flowing within an urban area   | X   |      | X   | X   |      | X    |     | X    |           |            |          | X         |
| 5.2 Identify contributing factors to physical, chemical and biological hazards within flooding                 | X   |      | X   | X   |      | X    |     | X    |           |            |          | X         |
| 5.3 Explain the effect of physical, chemical and biological hazards on personnel in floodwater                 | X   |      | X   | X   |      | X    |     | X    |           |            |          | X         |
| <b>6. Flood theory</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 6.1 Identify the four phases of a flood, and the associated hazards  | X   |      | X   | X   |      | X    |     |      |           |            |          |           |
| 6.2 Identify how flood warnings will correspond with phases of flooding  | X   |      | X   | X   |      | X    |     |      |           |            |          |           |
| 6.3 State what tasks an individual trained to this level would carry out during the phases of a flooding event | X   |      | X   | X   |      | X    |     |      |           |            |          |           |
| <b>7. Personal equipment</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 7.1 Identify personal protective equipment (PPE) for operating and performing rescues in water                 | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |

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| 7.2 Describe the issues and hazards of using non-water rescue PPE in the water   | X          | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |
| 7.3 Select appropriate PPE for operating and performing rescues in water, perform pre-use checks, donning and buddy checks |            | X           | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 7.4 Recall post-use care and inspection procedures for personal equipment  |            | X           | X          | X          |             | X           |            | X           | X                 | X                  | X                | X                 |
| <b>8. Rescue Equipment Considerations</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 8.1 Identify equipment used by water rescue teams  |            |             | X          |            |             |             |            | X           |                   |                    | X                |                   |
| <b>9. Technical and Team equipment</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 9.1 Identify technical and team equipment for operating in and performing rescues in water                                 | X          | X           | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 9.2 Recall post-use care and inspection procedures for technical and team equipment  |            | X           | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| <b>10. Pre-planning</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 10.1 List the four components of a generic pre-plan  | X          | X           | X          | X          |             |             | X          | X           | X                 | X                  | X                |                   |

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| 10.2 Identify sources of information useful for generic and task-/location-specific pre-planning | X          | X           | X          | X          |             |             | X          | X           | X                 | X                  | X                |                   |
| 10.3 Describe key information that should be included within a pre-plan                          | X          | X           | X          | X          |             |             | X          | X           | X                 | X                  | X                |                   |
| <b>11. Risk assessments</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 11.1 Identify the elements of an effective generic and site-specific risk assessment             | X          | X           | X          | X          |             |             |            | X           | X                 | X                  | X                |                   |
| 11.2 Perform a generic or site-specific risk assessment  | X          | X           | X          | X          |             |             |            | X           | X                 | X                  | X                |                   |
| 11.3 Identify the elements of an effective dynamic risk assessment                               | X          | X           | X          | X          |             |             |            | X           | X                 | X                  | X                |                   |
| 11.4 Perform a dynamic risk assessment of a rescue site  |            | X           | X          | X          |             |             |            | X           | X                 | X                  | X                |                   |
| <b>12. Incident size-up</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 12.1 Demonstrate use of size-up models   | X          | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |
| 12.2 Explain the phases of a successful rescue   | X          | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |
| 12.3 List rescue options   | X          | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |

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| 12.4 Explain the difference between true and conditional rescues  | X          | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |
| 12.5 Perform an on-site safety brief based on risk assessments  |            | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |
| 12.6 Select an appropriate plan of action for a given incident  |            | X           | X          | X          |             | X           |            |             |                   |                    |                  | X                 |
| <b>13. Incident size-up (non-emergency services)</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 13.1 Appreciate use of size-up models by the emergency services   |            |             |            |            |             |             |            | X           | X                 | X                  | X                |                   |
| 13.2 Explain the phases of a successful rescue  |            |             |            |            |             |             |            | X           | X                 | X                  | X                |                   |
| 13.3 Perform an on-site safety brief based on risk assessment   |            |             |            |            |             |             |            | X           | X                 | X                  |                  |                   |
| 13.4 List rescue options  |            |             |            |            |             |             |            | X           | X                 | X                  |                  |                   |
| 13.5 Explain the difference between true and conditional rescues  |            |             |            |            |             |             |            | X           | X                 | X                  |                  |                   |
| 13.6 Relative to the remit of co-worker rescue, select an appropriate plan of action for possible incidents |            |             |            |            |             |             |            | X           | X                 | X                  |                  |                   |

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| <b>14. Incident management and site control</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 14.1 Based on hazard recognition, apply appropriate control measures to protect personnel and bystanders at a rescue scene | X   | X    | X   | X   |      | X    |     |      | X         | X          |          | X         |
| 14.2 Identify issues and hazards of bystanders in the cold zone  | X   | X    | X   | X   |      | X    |     |      | X         | X          |          | X         |
| 14.3 Apply different roles that may be allocated at a water incident   | X   |      | X   | X   |      | X    |     |      | X         | X          |          | X         |
| 14.4 Collate relevant information in order to deliver structured messages regarding an incident                            |     |      |     | X   |      |      |     |      | X         | X          |          |           |
| 14.5 Apply a simple structure and centralized command, in order to brief and manage a team                                 |     |      |     | X   |      |      |     |      | X         | X          |          |           |
| <b>15. Site control (non-emergency services)</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 15.1 Based on hazard recognition, apply appropriate control measures to protect personnel and bystanders at a rescue scene |     |      |     |     |      |      |     | X    |           |            | X        |           |
| 15.2 Identify issues and hazards of bystanders in the cold zone  |     |      |     |     |      |      |     | X    |           |            | X        |           |
| 15.3 Identify how and when to contact emergency services in the event of an incident                                       |     |      |     |     |      |      |     | X    |           |            | X        |           |

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| <b>16. Medical and decontamination considerations</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 16.1 Identify signs/symptoms and treatment for common medical issues found in a water environment, including: hypothermia, hyperthermia, drowning, infection, and trauma | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 16.2 Identify individuals at risk for common medical issues found in a water environment, and control measures to minimize this  | X   | X    | X   | X   |      | X    |     | X    |           |            |          | X         |
| 16.3 Recall the importance of minimizing exposure to the water and decontamination procedures post-exposure  | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| 16.4 Identify bank hazards, and suitable control measures to prevent slips, trips and falls  | X   | X    | X   | X   |      | X    |     | X    | X         | X          | X        | X         |
| <b>17. Considerations for night/poor visibility operations</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 17.1 Identify hazards associated with night/poor visibility operations, and suitable control measures  | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |
| 17.2 Identify types of lighting used within night operations   | X   | X    | X   | X   | X    | X    | X   | X    | X         | X          | X        | X         |



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| <b>18. Mud, ice and unstable surface considerations</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 18.1 Recall hazards associated with mud, ice and unstable surfaces, and suitable control measures   | X   | X    | X   | X   |      |      |     | X    | X         | X          | X        |           |
| 18.2 Identify equipment and techniques used within swiftwater rescue that would have application within mud, ice and unstable surface rescues | X   | X    | X   | X   |      |      |     |      |           |            |          |           |
| <b>19. Introduction to searching rivers and floods</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 19.1 Identify appropriate search models   |     |      | X   | X   |      | X    |     |      |           |            |          |           |
| 19.2 State what tasks an individual trained to this level would carry out during a river-based primary search                                 |     |      | X   | X   |      | X    |     |      |           |            |          |           |
| 19.3 State what tasks an individual trained to this level would carry out during a river-based secondary search                               |     |      | X   | X   |      | X    |     |      |           |            |          |           |
| 19.4 State what tasks an individual trained to this level would carry out during a flood-based primary search                                 |     |      | X   | X   |      | X    |     |      |           |            |          |           |
| 19.5 State what tasks an individual trained to this level would carry out during a flood-based secondary search                               |     |      | X   | X   |      | X    |     |      |           |            |          |           |

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| <b>20. Search Considerations</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 20.1 Identify relevant information that should be passed on to search managers                  | X   | X    | X   | X   |      |      |     |      | X         | X          |          |           |
| 20.2 Explain the importance of establishing a point last seen, time last seen, and search area. | X   | X    | X   | X   |      |      |     |      | X         | X          |          |           |
| 20.3 Identify the variables that affect the search area.  | X   | X    | X   | X   |      |      |     |      | X         | X          |          |           |
| <b>21. Helicopter familiarization</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 21.1 Identify hazards and control measures associated with helicopters                          |     |      | X   | X   |      |      |     |      |           |            |          |           |
| <b>22. Communications</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 22.1 Recognize hand signals that can be used in a water environment                             | X   | X    | X   | X   |      | X    | X   | X    | X         | X          | X        | X         |
| 22.2 Recognize whistle signals that can be used in a water environment                          | X   | X    | X   | X   |      | X    | X   | X    | X         | X          | X        | X         |
| 22.3 Identify other methods of communication in a water environment, and their limitations      | X   | X    | X   | X   |      | X    | X   | X    | X         | X          | X        | X         |

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| <b>23. Weir (low head dam) rescue considerations</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 23.1 Identify the hazards and control measures for both victim and rescuer in a hydraulic/weir                     |     |      |     | X   |      |      |     |      |           |            |          |           |
| 23.2 Identify weir rescue options  |     |      |     | X   |      |      |     |      |           |            |          |           |
| <b>24. Introduction to rescues from vehicles in water</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 24.1 Identify reasons why vehicles end up in rivers and floodwater, and steps taken to reduce this                 |     |      |     | X   |      |      |     |      |           |            |          |           |
| 24.2 Describe the forces acting on a vehicle when in the water, and how these affect vehicle stability             |     |      |     | X   |      |      |     |      |           |            |          |           |
| 24.3 Explain why and how a vehicle should be stabilized whilst in the water, and factors influencing this decision |     |      |     | X   |      |      |     |      |           |            |          |           |
| 24.4 Identify methods of accessing and egressing a vehicle in water  |     |      |     | X   |      |      |     |      |           |            |          |           |
| 24.5 Identify factors affecting vehicle stability when extricating victims   |     |      |     | X   |      |      |     |      |           |            |          |           |

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| <b>25. Animal rescue considerations</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 25.1 Identify hazards and control measures associated with animal rescue                |     |      |     | X   |      |      |     |      |           |            |          |           |
| 25.2 Identify transport considerations for animal rescue                                |     |      |     | X   |      |      |     |      |           |            |          |           |
| <b>26. Accidental immersion considerations</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 26.1 Identify hazards and control measures of accidental immersion in water             | X   | X    |     |     |      |      |     | X    | X         | X          | X        |           |
| 26.2 Recognize the importance of keeping feet up if swept away in moving water          | X   | X    |     |     |      |      |     | X    | X         | X          | X        |           |
| <b>27. Water entry and exit</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 27.1 Identify hazards and suitable control measures when entering and exiting the water |     | X    |     |     |      |      |     |      | X         | X          |          |           |
| 27.2 Identify a safe entry point to and exit point from the water                       |     | X    |     |     |      |      |     |      | X         | X          |          |           |
| 27.3 Demonstrate correct water entry to and exit from the water                         |     | X    |     |     |      |      |     |      | X         | X          |          |           |

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| <b>28. Swimming techniques and self rescue in a basic water environment</b>                       |     |      |     |     |      |      |     |      |           |            |          |           |
| 28.1 Demonstrate the defensive swimming position  |     | X    |     |     |      |      |     |      | X         |            |          |           |
| 28.2 Demonstrate the aggressive swimming position   |     | X    |     |     |      |      |     |      | X         |            |          |           |
| 28.3 Transition between the defensive and aggressive swimming positions                           |     | X    |     |     |      |      |     |      | X         |            |          |           |
| 28.4 Compare swimming and self-rescue ability in moving water in inflatable life jackets and PFDs |     | X    |     |     |      |      |     |      | X         | X          |          |           |
| 28.5 Apply swimming techniques and angle control in order to self-rescue                          |     | X    |     |     |      |      |     |      | X         |            |          |           |
| <b>29. Swiftwater swimming techniques</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 29.1 Demonstrate the defensive swimming position  |     |      | X   | X   |      | X    |     |      |           | X          |          | X         |
| 29.2 Demonstrate the aggressive swimming position   |     |      | X   | X   |      | X    |     |      |           | X          |          | X         |
| 29.3 Transition between the defensive and aggressive swimming positions                           |     |      | X   | X   |      | X    |     |      |           | X          |          | X         |
| 29.4 Adjust body angle relative to the current vector   |     |      | X   | X   |      | X    |     |      |           | X          |          | X         |

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| 29.5 Apply swimming techniques, angle control and momentum to perform a variety of tasks   |     |      |     | X   |      | X    |     |      | X         |            |          | X         |
|  |     |      |     | X   |      | X    |     |      | X         |            |          | X         |
| <b>30. Strainer swim</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 30.1 Identify strainers and the hazards they pose to rescuers and casualties in the water  |     |      |     | X   |      |      |     |      |           |            |          |           |
| 30.2 Identify rescue options for a victim in a strainer                                    |     |      |     | X   |      |      |     |      |           |            |          |           |
| 30.3 Compare the defensive and aggressive swimming techniques when dealing with strainers  |     |      |     | X   |      |      |     |      |           |            |          |           |
| 30.4 Using a strainer simulator, demonstrate the technique for swimming over the simulator |     |      |     | X   |      |      |     |      |           |            |          |           |
| <b>31. Conditional rescues - talk, reach, throw</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 31.1 Identify conditional rescue options and the limitations of conditional rescues        |     | X    | X   | X   |      | X    |     | X    | X         | X          |          | X         |
| 31.2 Identify, check and prepare suitable equipment for performing a conditional rescue    |     | X    | X   | X   |      | X    |     | X    | X         | X          |          | X         |

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| 31.3 Identify appropriate sites where conditional rescues can be performed  |            | X           | X          | X          |             | X           |            | X           | X                 | X                  |                  | X                 |
| 31.4 Demonstrate the correct method for receiving a throwbag  |            | X           | X          | X          |             | X           |            | X           | X                 | X                  | X                | X                 |
| 31.5 Perform a variety of conditional rescues   |            | X           | X          | X          |             | X           |            | X           | X                 | X                  |                  | X                 |
| 31.6 Identify methods of managing force directed on rescuer and victim during a reach rescue as water speed increases |            |             | X          | X          |             | X           |            | X           |                   |                    |                  | X                 |
| <b>32. Shallow water techniques</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 32.1 Identify the variables and hazards that will directly affect shallow water techniques                            |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 32.2 Perform single and team-based shallow water techniques   |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 32.3 Explain the application of tethered shallow water techniques   |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 32.4 Explain how the addition of a victim would affect shallow water techniques                                       |            |             | X          | X          |             | X           |            |             |                   | X                  |                  | X                 |
| <b>33. Tethered boat techniques</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 33.1 Compare the application and limitations of single-, 2- and 4-point tethered systems                              |            |             | X          | X          |             |             |            |             |                   |                    |                  |                   |

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| 33.2 Relate river flow, intended use and catastrophic failure consequences to anchor selection and belay methods for tethered boats |            |             | X          | X          |             |             |            |             |                   |                    |                  |                   |
| 33.3 Use a tethered boat for transportation and mid-stream access   |            |             | X          | X          |             |             |            |             |                   |                    |                  |                   |
| <b>34. Inflated fire hose (if used by agency)</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 34.1 Identify agency use or non-use of inflated fire hose   |            |             |            | X          |             | X           |            |             |                   |                    |                  |                   |
| 34.2 Identify the hazards and control measures of working with compressed air   |            |             |            | X          |             | X           |            |             |                   |                    |                  |                   |
| 34.3 Inflate and deflate a section of hose, if used by agency   |            |             |            | X          |             | X           |            |             |                   |                    |                  |                   |
| 34.4 Perform conditional rescues with a fire hose in both basic and moving water environments, if used by agency                    |            |             |            | X          |             | X           |            |             |                   |                    |                  |                   |
| 34.5 Identify inflated fire hose rescue options   |            |             |            | X          |             | X           |            |             |                   |                    |                  |                   |
| <b>35. Tensioned diagonals</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 35.1 Explain why it is important for a tensioned diagonal to be tensioned and at the correct angle to the current vector            |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |



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| 35.2 Identify why the downstream end of a tensioned diagonal must be releasable                                |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| 35.3 Demonstrate appropriate use of a tensioned diagonal   |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| <b>36. Line crossing methods</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 36.1 Identify the variables that would influence methods for crossing a line over a channel                    |            |             | X          | X          | X           |             |            |             |                   | X                  |                  |                   |
| 36.2 Identify appropriate methods of crossing a line over a channel  |            |             | X          | X          | X           |             |            |             |                   | X                  |                  |                   |
| 36.3 Demonstrate a variety of methods of crossing a line over a channel  |            |             | X          | X          | X           |             |            |             |                   | X                  |                  |                   |
| <b>37. True rescues in basic water</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 37.1 Identify the hazards and control measures associated with an untethered swim in a basic water environment |            | X           |            |            |             |             |            |             |                   |                    |                  |                   |
| 37.2 Identify the hazards and control measures associated with a tethered swim in a basic water environment    |            | X           |            |            |             |             |            |             |                   |                    |                  |                   |

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| <b>38. True rescues in moving water - tethered</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 38.1 Identify the hazards and control measures associated with a tethered swim in a moving water environment                   |     |      |     | X   |      |      | X   |      | X         | X          |          |           |
| 38.2 Set-up and demonstrate an in-water emergency release using the quick release harness on a Personal Flotation Device (PFD) |     |      |     | X   |      |      | X   |      |           |            |          |           |
| 38.3 Identify how water speed and distance will affect timing of a tethered swim   |     |      |     | X   |      |      | X   |      |           |            |          |           |
| 38.4 Demonstrate a true rescue using a tethered swim   |     |      |     | X   |      |      | X   |      |           |            |          |           |
| 38.5 Demonstrate correct rope management when performing a tethered rescue   |     |      |     | X   |      |      | X   |      |           |            |          |           |
| <b>39. Introduction to paddle boat handling</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 39.1 Identify agency use or non-use of paddle boats  |     |      |     | X   | X    |      |     |      |           |            |          |           |
| 39.2 Identify the importance of correct trim and power distribution  |     |      |     | X   | X    |      |     |      |           |            |          |           |
| 39.3 Be able to paddle forwards, backwards and turn  |     |      |     | X   | X    |      |     |      |           |            |          |           |

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| 39.4 Recognize the importance of applying angle before forward momentum                   |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 39.5 Apply simple command within the boat, in order to achieve simple objectives          |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| <b>40. Boat unwrapping</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 40.1 Identify methods to minimize the likelihood of a wrapped boat                        |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 40.2 Identify how the movement of weight may help to unbalance a wrapped boat             |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 40.3 Recall the application of rope systems for evacuating a wrapped boat, and unwrapping |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| <b>41. Flips and rights</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 41.1 Identify steps to minimize the likelihood of a flip occurring                        |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 41.2 Recall the sequence once a boat has flipped  |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 41.3 Explain options for whether to re-flip, and variables that would affect this choice  |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 41.4 Perform a re-flip and recovery   |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |

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| 41.5 Perform crew and victim recovery into a boat  |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| 41.6 Identify victim placement on a boat   |            |             |            | X          | X           |             |            |             |                   |                    |                  |                   |
| <b>42. People and equipment entrapments</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 42.1 Identify the hazards and consequences of foot and body entrapments, and control measures to reduce likelihood |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 42.2 Identify extrication methods of an entrapped victim   |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 42.3 Identify risks to the rescuers of an entrapped victim   |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 42.4 On dry land, demonstrate use of stabilization line and extrication methods from one and two banks             |            |             | X          | X          |             | X           |            |             | X                 | X                  |                  | X                 |
| 42.5 Compare the merits and hazards of using hands-on techniques, when approaching from upstream and downstream    |            |             | X          | X          |             | X           |            |             |                   |                    |                  | X                 |

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| <b>43. Victim management</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 43.1 Identify hazards and control measures associated with victim management in a moving water environment |     |      | X   | X   |      | X    |     |      | X         | X          |          |           |
| 43.2 Identify appropriate PPE for victims  |     |      | X   | X   |      | X    |     |      | X         | X          |          |           |
| 43.3 Identify priorities for managing victims' common medical issues                                       |     |      | X   | X   |      | X    |     |      | X         | X          |          |           |
| 43.4 Demonstrate techniques for managing casualties' common medical issues, including airway and C-spine   |     |      | X   | X   |      |      |     |      | X         | X          |          |           |
| 43.5 Demonstrate tactics that can be utilized to prevent getting grabbed by the subject                    |     |      | X   | X   |      |      |     |      | X         | X          |          |           |
| <b>44. Knots and anchor systems</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 44.1 Be able to identify, tie and check appropriate knots for water rescue                                 |     |      | X   | X   |      |      |     |      |           | X          |          |           |
| 44.2 Recall factors affecting knot choice for water rescue applications                                    |     |      | X   | X   |      |      |     |      |           | X          |          |           |
| 44.3 Identify use of anchor systems in water rescue  |     |      | X   | X   |      |      |     |      |           | X          |          |           |

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| 44.4 Be able to select an appropriate single anchor point, and create an attachment point                            |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| 44.5 Tie load-sharing and load-distributing anchor systems   |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| <b>45. Tensioning systems and mechanical advantage</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 45.1 Identify the need for mechanical advantage systems within swiftwater rescue                                     |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| 45.2 Identify why external mechanical advantage systems are applied  |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| 45.3 Build and check appropriate internal and external mechanical advantage systems for use within swiftwater rescue |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| <b>46. Belay systems</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 46.1 Demonstrate appropriate use and application of friction-based and mechanical belay devices                      |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |
| 46.2 Identify considerations for choosing a belay  |            |             | X          | X          |             |             |            |             |                   | X                  |                  |                   |

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| <b>47. Scenarios</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 47.1 Complete a river rescue scenario   |     |      |     | X   |      |      |     |      |           |            |          |           |
| <b>48. Rescue platforms, sleds and boards</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 48.1 Identify the hazards and control measures associated with the use of rescue platforms, sleds, and boards     |     | X    |     |     | X    |      |     |      | X         | X          |          |           |
| 48.2 Demonstrate appropriate use of rescue platforms, sleds and boards  |     | X    |     |     | X    |      |     |      | X         | X          |          |           |
| 48.3 Demonstrate appropriate rope attachment when using rescue platforms, sleds and boards                        |     | X    |     |     | X    |      |     |      | X         | X          |          |           |
| 48.4 Demonstrate correct rope management when using rescue platforms, sleds, and boards                           |     | X    |     |     | X    |      |     |      | X         | X          |          |           |
| <b>49. Masks, fins, and floating rescue devices</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 49.1 Identify the hazards and control measures associated with the use of masks, fins and floating rescue devices |     | X    |     |     |      |      |     |      | X         | X          |          |           |
| 49.2 Identify agency use or non-use of masks, fins and floating rescue devices                                    |     | X    |     |     |      |      |     |      | X         | X          |          |           |

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| 49.3 Demonstrate appropriate use of masks, fins and floating rescue devices, if used by agency  |     | X    |     |     |      |      |     |      | X         | X          |          |           |
| <b>50. Dynamic risk assessment and incident size-up</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 50.1 Identify the elements of an effective dynamic risk assessment                              |     |      |     |     | X    |      |     |      |           |            |          |           |
| 50.2 Perform a dynamic risk assessment of a complex rescue site                                 |     |      |     |     | X    |      |     |      |           |            |          |           |
| 50.3 Perform an on-site safety brief based on risk assessments                                  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 50.4 Select an appropriate plan of action for a given complex incident                          |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>51. Advanced Incident Management and Site Control</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 51.1 Apply different roles that may be allocated at a water incident                            |     |      |     |     | X    |      |     |      |           |            |          |           |
| 51.2 Collate relevant information in order to deliver structured messages regarding an incident |     |      |     |     | X    |      |     |      |           |            |          |           |
| 51.3 Apply a simple structure and centralized command, in order to brief and manage a team      |     |      |     |     | X    |      |     |      |           |            |          |           |



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| <b>52. Advanced Hydrology</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 52.1 Describe the effect that volume, gradient and obstacles have on water   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 52.2 Identify water features and hazards at a complex rescue site  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 52.3 Describe the impact that water features would have on individual's ability to self-rescue and perform rescues   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 52.4 Apply necessary site control measures based on the identified water features and hazards                        |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>53. Weir (low-head dam) assessment and pre-planning</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 53.1 Identify the key features that can make a hydraulic/weir dangerous, and their impact on both victim and rescuer |     |      |     |     | X    | X    |     |      |           |            |          |           |
| 53.2 Perform a Rescue 3 weir risk assessment   |     |      |     |     | X    | X    |     |      |           |            |          |           |
| 53.3 Relate the Rescue 3 weir risk assessment to rescue options  |     |      |     |     | X    | X    |     |      |           |            |          |           |

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| <b>54. Aqueduct hazards and techniques</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 54.1 Identify the hazards and control measures associated with rescues from aqueducts                           |     |      |     |     | X    |      |     |      |           |            |          |           |
| 54.2 Identify rescue options for a victim in an aqueduct  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 54.3 Identify the hazards and control measures associated with rescues from culverts and depth pressure hazards |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>55. Introduction to search management</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 55.1 Demonstrate use of appropriate search models   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 55.2 Collate information gathered in the primary phase of a water search  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 55.3 Calculate a search area based on a given scenario  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 55.4 Assign tasks to individuals during a river-based search  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 55.5 Assign tasks to individuals during a flood-based search  |     |      |     |     | X    |      |     |      |           |            |          |           |

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| <b>56. Technical Rope Rescue Review</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 56.1 Identify, tie and check appropriate knots for swiftwater rescue  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 56.2 Recall factors affecting knot choice for swiftwater rescue applications                                    |     |      |     |     | X    |      |     |      |           |            |          |           |
| 56.3 Select appropriate anchor points and/or systems for task   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 56.4 Select an appropriate belay method for task  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 56.5 Select, build and check appropriate mechanical advantage systems for use within advanced swiftwater rescue |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>57. Advanced swiftwater swimming techniques</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 57.1 Select swimming techniques, angle control and momentum to perform a variety of tasks in moving water       |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>58. Advanced conditional rescues - talk, reach, throw</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 58.1 Work as a team to perform multiple and complex rescues using conditional rescue techniques                 |     |      |     |     | X    |      |     |      |           |            |          |           |

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| <b>59. Advanced true rescues - tethered</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 59.1 Work as a team to perform multiple and complex rescues using true rescue techniques                                 |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>60. Advanced entrapment techniques</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 60.1 Describe the hazards and consequences of foot and body entrapments, and control measures to reduce likelihood       |     |      |     |     | X    |      |     |      |           |            |          |           |
| 60.2 Identify extrication methods of an entrapped victim at a complex rescue site  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 60.3 Identify risks to the rescuers of an entrapped victim at a complex rescue site                                      |     |      |     |     | X    |      |     |      |           |            |          |           |
| 60.4 Demonstrate on dry land the use of stabilization line and extrication methods from one and two banks                |     |      |     |     | X    |      |     |      |           |            |          |           |
| 60.5 Compare the merits and hazards of using hands-on techniques, when approaching from upstream and downstream          |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>61. Highline rope systems or complicated technical rope evolution</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 61.1 Recall pretensioning and tie-back methods for setting up a highline or other steep to high angle evacuation problem |     |      |     |     | X    |      |     |      |           |            |          |           |

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| 61.2 Recall critical angles and their affect on highlands and/or high directionals   |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |
| 61.3 Build and operate a highline or steep to high angle evolution that incorporates raising and lowering, litter management, and other challenges in high angle environments that occur in a swiftwater environment |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |
| 61.4 Perform a midpoint drop on highline, or raising and lowering operation with multiple evolutions   |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |
| <b>62. Tethered boats in high energy water</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 62.1 Identify the limitations of hand-controlled tethers for boats   |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |
| 62.2 Construct tethered boat solutions that increase the system's ability to deal with force and increase redundancy   |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |
| 62.3 Build and operate a tethered boat system  |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |
| 62.4 Compare boat on a highline reeving options and variables that would affect their application  |            |             |            |            | X           |             |            |             |                   |                    |                  |                   |

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| <b>63. Boat based litter management</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 63.1 Identify when to use a litter in a boat   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 63.2 Identify the different types of litters used for boat-based transport                     |     |      |     |     | X    |      |     |      |           |            |          |           |
| 63.3 Identify risks of strapping a victim into litter/boat                                     |     |      |     |     | X    |      |     |      |           |            |          |           |
| 63.4 Identify best placement and securing of litter within different boat types                |     |      |     |     | X    |      |     |      |           |            |          |           |
| 63.5 Perform loading and transferring of a litter from shallow and deep water into rescue boat |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>64. In-water litter management</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 64.1 Identify when to utilize a litter in a water environment                                  |     |      |     |     | X    |      |     |      |           |            |          |           |
| 64.2 Identify risks of strapping a victim into litter to be transported in a water environment |     |      |     |     | X    |      |     |      |           |            |          |           |
| 64.3 Compare techniques for moving litters around in the water                                 |     |      |     |     | X    |      |     |      |           |            |          |           |

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| <b>65. Search exercise</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 65.1 Perform a primary search   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 65.2 Segment a search area, based on information gathered   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 65.3 Redeploy to perform a secondary search   |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>66. Night/poor visibility operation</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 66.1 Identify hazards associated with night/poor visibility operations, and apply suitable control measures |     |      |     |     | X    |      |     |      |           |            |          |           |
| 66.2 Perform a risk assessment and operate at night/in poor visibility                                      |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>67. Crew recovery</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 67.1 Identify reasoning behind team/self-rescue ability into boat   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 67.2 Perform team-based rescue (or self-rescue) over sponson while in deep water                            |     |      |     |     | X    |      |     |      |           |            |          |           |
| 67.3 Perform recovery, starting from all crew members in deep water   |     |      |     |     | X    |      |     |      |           |            |          |           |

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| <b>68. Victim recovery</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 68.1 Identify the use of parbuckling techniques   |     |      |     |     | X    |      |     |      |           |            |          |           |
| 68.2 Explain methods of victim retrieval in to boats  |     |      |     |     | X    |      |     |      |           |            |          |           |
| <b>69. Guidance and best practice documents</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 69.1 Identify important components of local, regional, and national flood rescue documentation and procedures |     |      |     |     |      | X    |     |      |           |            |          | X         |
| <b>70. Management of rescues from vehicles in water</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 70.1 Recall the six phases of a rescue from vehicle in water  |     |      |     |     |      | X    |     |      |           |            |          |           |
| 70.2 Recall the hazards and control measures associated with vehicles in water                                |     |      |     |     |      | X    |     |      |           |            |          |           |
| 70.3 Recall why a vehicle may enter the water   |     |      |     |     |      | X    |     |      |           |            |          |           |
| 70.4 Recall how a vehicle orients itself with relation to flow  |     |      |     |     |      | X    |     |      |           |            |          |           |
| 70.5 Describe the hydrology of a vehicle in water   |     |      |     |     |      | X    |     |      |           |            |          |           |



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| 70.6 Recall how a vehicle behaves in deep water  |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| 70.7 Recall the forces affecting a vehicle in water  |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| 70.8 Identify issues of casualty management from a rescue from vehicle in water                  |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| 70.9 List extrication options  |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| 70.10 Identify other assets that can assist in casualty extrication                              |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| <b>71. Pre-planning for flood incidents</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 71.1 List the four components of a generic pre-plan  |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 71.2 Identify sources of information useful for generic and task-/location-specific pre-planning |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 71.3 Describe key information that should be included within a pre-plan                          |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 71.4 Describe the implications of pre-deployment of assets                                       |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 71.5 Describe the role of regional organizations in relation to pre-planning activity            |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |

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| <b>72. Welfare Considerations</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 72.1 State the requirements for welfare considerations during extended flooding operations                  |     |      |     |     |      | X    |     |      |           |            |          | X         |
| 72.2 Recall the difficulties in attaining accommodation and subsistence during extended flooding operations |     |      |     |     |      | X    |     |      |           |            |          | X         |
| 72.3 Recall national considerations for reimbursement of agencies   |     |      |     |     |      | X    |     |      |           |            |          | X         |
| <b>73. Management of powered boat operations</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 73.1 Describe the major hull types applicable to flood rescue   |     |      |     |     |      | X    |     |      |           |            |          |           |
| 73.2 Describe how the four phases of flooding relate to boat choice   |     |      |     |     |      | X    |     |      |           |            |          |           |
| 73.3 Describe logistical and maintenance considerations for extended flooding operations                    |     |      |     |     |      | X    |     |      |           |            |          |           |
| 73.4 Describe boat capabilities   |     |      |     |     |      | X    |     |      |           |            |          |           |
| <b>74. Weather and flood warning information</b>  |     |      |     |     |      |      |     |      |           |            |          |           |

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| 74.1 Demonstrate how to use online responder-based weather risk facilities                                  |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| 74.2 State how online weather data can be used to influence pre-deployment and pre-planning decision making |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| 74.3 Identify sources of regional, national, and international weather and river/flood warning information  |            |             |            |            |             | X           |            |             |                   |                    |                  |                   |
| <b>75. Local emergency flood plans</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 75.1 Identify sources of local flood plans  |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 75.2 Describe the key components of local emergency flood plan  |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| <b>76. Multi-agency command and control considerations</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 76.1 Describe how a multi-agency command structure can evolve   |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 76.2 Describe the information pathway through a multi-agency command structure                              |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |
| 76.3 Identify the hazards and control measures associated with spate call handling                          |            |             |            |            |             | X           |            |             |                   |                    |                  | X                 |

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| <b>77. Team typing and deployment of national assets</b>                                     |     |      |     |     |      |      |     |      |           |            |          |           |
| 77.1 Recall the components of flood team types   |     |      |     |     |      | X    |     |      |           |            |          | X         |
| 77.2 Relate the Rescue 3 International training levels to team types                         |     |      |     |     |      | X    |     |      |           |            |          | X         |
| 77.3 State the regional and national methodology of requesting national assets               |     |      |     |     |      | X    |     |      |           |            |          |           |
| <b>78. Flood management exercise</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 78.1 Prepare a hypothetical flood plan   |     |      |     |     |      | X    |     |      |           |            |          |           |
| 78.2 Use the flood plan to pre-plan a hypothetical flooding event, based on exercise injects |     |      |     |     |      | X    |     |      |           |            |          |           |
| 78.3 Respond to the hypothetical flooding event  |     |      |     |     |      | X    |     |      |           |            |          |           |
| 78.4 Conduct a briefing to a hypothetical incident commander during handover                 |     |      |     |     |      | X    |     |      |           |            |          |           |
| 78.5 Debrief the hypothetical incident   |     |      |     |     |      | X    |     |      |           |            |          |           |

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| <b>79. Vehicle behavior in water</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 79.1 Recall why a vehicle may enter the water   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 79.2 Recall how a vehicle orients itself with relation to flow  |     |      |     |     |      |      | X   |      |           |            |          |           |
| 79.3 Describe the hydrology of a vehicle in water   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 79.4 Recall how a vehicle behaves in deep water   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 79.5 Recall the forces affecting a vehicle in water   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 79.6 Recall the hazards and control measures associated with the upstream and downstream side of a vehicle in water |     |      |     |     |      |      | X   |      |           |            |          |           |
| <b>80. Incident size-up for rescues from vehicles in water</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 80.1 Demonstrate use of size-up models  |     |      |     |     |      |      | X   |      |           |            |          |           |
| 80.2 Perform an on-site safety brief based on risk assessments of a vehicle rescue in water                         |     |      |     |     |      |      | X   |      |           |            |          |           |

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| 80.3 List rescue options from a vehicle in water   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 80.4 Select an appropriate plan of action for a given incident   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| <b>81. Incident management for rescues from vehicles in water</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 81.1 Based on hazard recognition, apply appropriate control measures to protect personnel and bystanders at a rescue from vehicle in water |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 81.2 Apply different roles that may be allocated at a vehicle in water incident  |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 81.3 Collate relevant information in order to deliver structured messages regarding a vehicle in water incident                            |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 81.4 Apply a simple structure and centralized command in order to brief and manage a team  |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 81.5 Recall the six phases of a rescue from vehicle in water   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| <b>82. Glass management</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 82.1 Identify hazards and apply control measures associated with vehicle glass   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |

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| <b>83. Personal equipment for rescues from vehicles in water</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 83.1 Identify personal protective equipment (PPE) for operating and performing rescues from vehicles in water                             |     |      |     |     |      |      | X   |      |           |            |          |           |
| 83.2 Select appropriate PPE for operating and performing rescues from vehicles in water, perform pre-use checks, donning and buddy checks |     |      |     |     |      |      | X   |      |           |            |          |           |
| 83.3 Recall post-use care and inspection procedures for personal equipment  |     |      |     |     |      |      | X   |      |           |            |          |           |
| <b>84. Medical and decontamination considerations for rescues from vehicles in water</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 84.1 Identify signs/symptoms and treatment for common medical issues found at a rescue from a vehicle in water                            |     |      |     |     |      |      | X   |      |           |            |          |           |
| 84.2 Recall the importance of minimizing exposure to the water and decontamination procedures post-exposure                               |     |      |     |     |      |      | X   |      |           |            |          |           |
| 84.3 Identify bank hazards and suitable control measures to prevent slips, trips, and falls   |     |      |     |     |      |      | X   |      |           |            |          |           |

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| <b>85. Anchors - vehicle and bank</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 85.1 Identify suitable anchor points on the vehicle   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 85.2 Identify suitable anchor points on the bank  |     |      |     |     |      |      | X   |      |           |            |          |           |
| 85.3 Identify appropriate equipment for a rescue from vehicle in water                          |     |      |     |     |      |      | X   |      |           |            |          |           |
| 85.4 Construct anchor systems for rescues from vehicles in water                                |     |      |     |     |      |      | X   |      |           |            |          |           |
| <b>86. Vehicle stabilization</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 86.1 Identify factors affecting vehicle stabilization during a rescue from vehicle in water     |     |      |     |     |      |      | X   |      |           |            |          |           |
| 86.2 Recall the implications on vehicle stabilization of single and twin bank access techniques |     |      |     |     |      |      | X   |      |           |            |          |           |
| <b>87. Victim extrication</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 87.1 Identify issues of victim management from a rescue from vehicle in water                   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 87.2 List extrication options   |     |      |     |     |      |      | X   |      |           |            |          |           |



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| 87.3 Identify other assets that can assist in victim extrication   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| <b>88. Shallow water techniques for rescues from vehicles in water</b>   |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 88.1 Identify the hazards and control measures that will directly affect shallow water techniques for a rescue from a vehicle in water |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 88.2 Perform single and team-based shallow water techniques for rescues from vehicles in water   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 88.3 Perform tethered shallow water techniques   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 88.4 Perform shallow water techniques with a casualty, during a rescue from a vehicle in water   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| <b>89. Pendulum extrication</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 89.1 Identify when a pendulum extrication would be used, its hazards, and control measures   |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 89.2 Perform a pendulum extrication  |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |

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| <b>90. Tensioned diagonals for rescues from vehicles in water</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 90.1 Explain why it is important for a tensioned diagonal to be tensioned and at the correct angle to the current vector            |     |      |     |     |      |      | X   |      |           |            |          |           |
| 90.2 Identify why the downstream end of a tensioned diagonal must be releasable   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 90.3 Demonstrate appropriate use of a tensioned diagonal for a rescue from a vehicle in water                                       |     |      |     |     |      |      | X   |      |           |            |          |           |
| <b>91. Tethered boat techniques for rescues from vehicles in water</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 91.1 Compare the application and limitations of single-, 2-, and 4-point tethered systems   |     |      |     |     |      |      | X   |      |           |            |          |           |
| 91.2 Relate river flow, intended use and catastrophic failure consequences to anchor selection and belay methods for tethered boats |     |      |     |     |      |      | X   |      |           |            |          |           |
| 91.3 Use a tethered boat for a rescue from vehicle in water   |     |      |     |     |      |      | X   |      |           |            |          |           |
| <b>92. Single bank extended platform</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 92.1 Identify when a single bank extended platform would be used, its hazards, and control measures                                 |     |      |     |     |      |      | X   |      |           |            |          |           |

| <b>Rescue 3 Standard</b>  | <b>AWR</b> | <b>BWFR</b> | <b>OPS</b> | <b>SRT</b> | <b>SRTA</b> | <b>MWFI</b> | <b>RVW</b> | <b>LJCU</b> | <b>CWR<br/>WB</b> | <b>CWR<br/>WBM</b> | <b>SW<br/>NW</b> | <b>FM<br/>NES</b> |
|---|------------|-------------|------------|------------|-------------|-------------|------------|-------------|-------------------|--------------------|------------------|-------------------|
| 92.2 Rig a single bank extended platform                                      |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| 92.3 Application of ferry angle to access the vehicle and recover the patient |            |             |            |            |             |             | X          |             |                   |                    |                  |                   |
| <b>93. Inflatable Lifejacket types and standard</b>                           |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 93.1 Identify types of inflatable lifejacket, their merits and limitations    |            |             |            |            |             |             |            | X           |                   |                    |                  |                   |
| 93.2 Identify national and international inflatable lifejacket standards      |            |             |            |            |             |             |            | X           |                   |                    |                  |                   |
| <b>94. Firing mechanisms</b>  |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 94.1 Identify types of firing mechanism, their merits and limitations         |            |             |            |            |             |             |            | X           |                   |                    |                  |                   |
| <b>95. Selection and correct fitting of inflatable lifejacket</b>             |            |             |            |            |             |             |            |             |                   |                    |                  |                   |
| 95.1 Select appropriate inflatable lifejacket for intended task               |            |             |            |            |             |             |            | X           |                   |                    |                  |                   |
| 95.2 Identify additional inflatable lifejacket accessories for intended task  |            |             |            |            |             |             |            | X           |                   |                    |                  |                   |

| Rescue 3 Standard  | AWR | BWFR | OPS | SRT | SRTA | MWFI | RVW | LJCU | CWR<br>WB | CWR<br>WBM | SW<br>NW | FM<br>NES |
|--|-----|------|-----|-----|------|------|-----|------|-----------|------------|----------|-----------|
| <b>96. Sizing considerations</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 96.1 Perform a buddy check of a inflatable lifejacket user   |     |      |     |     |      |      |     | X    |           |            |          |           |
| <b>97. Adaptation of inflatable lifejackets for high-risk areas and tasks</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 97.1 Identify hazards associated with accidental deployment in a variety of high risk areas and tasks, and suitable control measures |     |      |     |     |      |      |     | X    |           |            |          |           |
| 97.2 Identify the hazards and merits of auto vs manual inflation in a variety of high risk areas and tasks                           |     |      |     |     |      |      |     | X    |           |            |          |           |
| <b>98. Periodic maintenance and inspection regime of inflatable lifejacket</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 98.1 Be familiar with manufacturer's recommendations for maintenance and inspection regime   |     |      |     |     |      |      |     | X    |           |            |          |           |
| 98.2 Be familiar with agency's recommendations for maintenance and inspection regime where different from manufacturer's             |     |      |     |     |      |      |     | X    |           |            |          |           |

| Rescue 3 Standard   | AWR | BWFR | OPS | SRT | SRTA | MWFI | RVW | LJCU | CWR<br>WB | CWR<br>WBM | SW<br>NW | FM<br>NES |
|---|-----|------|-----|-----|------|------|-----|------|-----------|------------|----------|-----------|
| <b>99. Pre-use and post-use inflatable lifejacket checks</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 99.1 Demonstrate appropriate pre-use checks for the selected inflatable lifejacket                                    |     |      |     |     |      |      |     | X    |           |            |          |           |
| 99.2 Demonstrate appropriate post-use checks for the selected inflatable lifejacket                                   |     |      |     |     |      |      |     | X    |           |            |          |           |
| <b>100. Protection of inflatable lifejacket from sharps</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 100.1 Compare the resilience to sharps of inflatable lifejackets vs Personal Flotation Device (PFD)s                  |     |      |     |     |      |      |     | X    |           |            |          |           |
| 100.2 Recall correct procedures for storage, transportation and use of inflatable lifejackets, to protect from sharps |     |      |     |     |      |      |     | X    |           |            |          |           |
| <b>101. Inflatable lifejacket inflation and deflation - auto/manual</b>   |     |      |     |     |      |      |     |      |           |            |          |           |
| 101.1 Identify the hazards and merits of auto vs manual inflation   |     |      |     |     |      |      |     | X    |           |            |          |           |
| 101.2 Observe the auto-inflation of a inflatable lifejacket, and identify its hazards                                 |     |      |     |     |      |      |     | X    |           |            |          |           |
| 101.3 Demonstrate manual inflation of a inflatable lifejacket   |     |      |     |     |      |      |     | X    |           |            |          |           |

| Rescue 3 Standard  | AWR | BWFR | OPS | SRT | SRTA | MWFI | RVW | LJCU | CWR<br>WB | CWR<br>WBM | SW<br>NW | FM<br>NES |
|--|-----|------|-----|-----|------|------|-----|------|-----------|------------|----------|-----------|
| <b>102. Swimming and self-rescue in an inflatable lifejacket</b>                                 |     |      |     |     |      |      |     |      |           |            |          |           |
| 102.1 Demonstrate the defensive swimming position  |     |      |     |     |      |      |     | X    |           |            |          |           |
| <b>103. Exiting the water in an inflatable lifejacket</b>  |     |      |     |     |      |      |     |      |           |            |          |           |
| 103.1 Identify the hazards and difficulties of exiting the water wearing a inflatable lifejacket |     |      |     |     |      |      |     | X    |           |            |          |           |